# Understanding **Overdraft**

overdraft occurs when you spend more money than you have available in your chequing account, resulting Most in a negative balance



financial institutions offer overdraft protection, but relying on this service without fully understanding how it works can create a cycle of overdraft and NSF (non-sufficient funds) fees that's hard to break out of

**OVERDRAFT SCENARIOS** 



#### It's easy to overdraw your chequing account if you're unaware of your account balance. Be mindful by reading your monthly statements, by checking

**ACCOUNT BALANCE IGNORANCE** 

your account balance regularly, and by tracking your expenses with a chequebook register or with a budgeting app. HOLD ON When you make certain purchases like paying for gas at the pump, a hold can be placed on your

debit card. This means that a larger portion of your available debit balance is "frozen" until the transaction goes through. If you're already close to overdrawing your account, a hold can trigger a negative account balance without your realizing it.



#### balances and expenses, the time and order in which transactions are processed can sometimes wreak

PROCESSING LIMITATIONS

havoc on your account balance. Be aware of your financial institution's holding periods so that you don't end up spending money you don't have. OPTING IN TO OVERDRAFT PROTECTION **VS. GOING WITHOUT** 

Even if you're hyper-vigilant about your account

## Let's say that you're buying a brand-new gadget at the store. Your last paycheque hasn't

cleared, so you're unaware that your current available balance is only \$150. The gadget

costs \$160. You pull out your debit card and... DEBIT



**OVERDRAFT PROTECTION** 

OR Your account then becomes overdrawn,

resulting in a

negative balance

Funds are transferred

from your savings account

to cover the transaction

**BENEFIT** You avoid the inconvenient situation of having your card declined

CONSIDER

You may be charged an overdraft fee

#### You may be charged an NSF (non-sufficient funds) fee for having a

negative balance

You may also be charged a recurring fee until your balance is positive

If you frequently overdraw your account, you may be able to pay a monthly fee to reduce

vour total fee costs

### BENEFIT You avoid a negative balance and any potential **NSF** (non-sufficient

WITHOUT **OVERDRAFT** 

**PROTECTION** 

Your card gets declined

and the transaction does not go through

funds) fees that go along with it **CONSIDER** 

## embarrassing

Having your card declined

can be inconvenient and

In emergency situations,

it can be extremely troubling

#### In Canada, overdraft protection is covered under negative option billing regulations—it cannot

be added without

your consent

**DID YOU** 

KNOW?

HOW TO STAY AHEAD OF THE FEES

### you to set up alerts that will inform you of your balance. You can receive a daily text message or email with

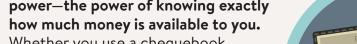
Most financial institutions will allow

Set up alerts

your balance. In addition, you can usually set up an alert for a specific account balance. For example, you may want to receive a text message when your account balance reaches \$200, so that you receive sufficient notice to add more funds or curtail your spending. Find a better way to borrow

Sometimes, you just need to borrow money until the next paycheque arrives. Although the best advice is to build an emergency fund so that you are not dependent upon borrowing, this isn't always possible. In order to protect yourself from the high costs CREDIT

of short-term borrowing, consider taking out a credit card with a low interest rate for emergencies. Credit unions usually charge the lowest interest rates on credit cards. These products will not offer rewards, but they tend to offer lower interest rates that can be useful if you need a short-term loan. Keep in mind that having a credit card does not give you a licence to spend money you do not have—it should be used in an emergency situation for items that you need, not items that you want and cannot afford. Balance your chequebook



power-the power of knowing exactly Whether you use a chequebook register, a spreadsheet on your computer or an app on your mobile device, balancing your chequebook is a good habit to form.

Balancing your chequebook gives you



BROUGHT TO YOU BY



Sources: CreditCards.com, Financial Post, Forbes